INspiration for You!
I promise you that if you will sincerely and persistently do the spiritual work needed to develop the crucial, spiritual skill of learning how to hear the whisperings of the Holy Ghost, you will have all the direction you will ever need in your life.

President Russell M. Nelson

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YOUR NOTEBOOK CAN HELP WITH:
Come, Follow Me, Sunday School, seminary, and home personal and family study.

WATCH IT LIVE!
SATURDAY, APRIL 6
MORNING SESSION: 10AM MDT
AFTERNOON SESSION: 2PM MDT
GENERAL PRIESTHOOD SESSION: 6PM MDT
SUNDAY, APRIL 7
MORNING SESSION: 10AM MDT
AFTERNOON SESSION: 2PM MDT

DON’T FORGET ABOUT THE GENERAL PRIESTHOOD SESSION ON SATURDAY NIGHT!

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SHARE YOUR NOTES
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Email them to newera@ldschurch.org.

WAYS TO PARTICIPATE
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MY TESTIMONY
How did my testimony grow during this conference?
After conference, take some time to review your notes. Write down what you feel inspired to do, or make a list of goals you want to work on.

**WHAT I WILL DO**

GENERAL CONFERENCE IS AN AMAZING TIME TO SEEK AND RECEIVE PERSONAL REVELATION.

Want a fantastic general conference learning experience? Prepare for conference in advance, listen during conference, and study afterwards. You will draw closer to Heavenly Father and open the doors for personal guidance. Use this conference to help you seek answers and learn what you can do to grow spiritually.

**WHAT’S INSIDE:**

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THE FIRST PRESIDENCY

PRESIDENT DALLIN H. OAKS
1st Counselor
sustained as an Apostle: 1984

PRESIDENT RUSSELL M. NELSON
President of the Church
sustained as an Apostle: 1984

PRESIDENT HENRY B. EYRING
2nd Counselor
sustained as an Apostle: 1995

THE QUORUM OF THE TWELVE APOSTLES

PRESIDENT M. RUSSELL BALLARD
sustained: 1985

ELDER JEFFREY R. HOLLAND
sustained: 1994

ELDER DIETER F. UCHTDORF
sustained: 2004

ELDER DAVID A. BEDNAR
sustained: 2004

ELDER QUENTIN L. COOK
sustained: 2007

ELDER D. TODD CHRISTOFFERSON
sustained: 2008

ELDER NEIL L. ANDERSEN
sustained: 2009

ELDER RONALD A. RASBAND
sustained: 2015

ELDER GARY E. STEVENSON
sustained: 2015

ELDER DALE G. RENlund
sustained: 2015

ELDER GERRIT W. GONG
sustained: 2018

ELDER ULisses SOARES
sustained: 2018

27

THEME:  
MENTIONED BY:  
WHAT I LEARNED:  

THEME:  
MENTIONED BY:  
WHAT I LEARNED:  

What stuck out to you the most? Write down some of these themes, and think about what they mean personally for you and your life.
Now that conference has wrapped up, what’s next? Did you feel inspired to change or do something different in your life? Take some time to organize your thoughts, prepare a plan, and then act on it.

**Themes:**
- Home-centered, Gospel learning
- Temple worship
- Following the Savior

**Goals**

**How will I improve?**

**Action Plan:**
1. Spiritually remodel my room
2. Journal regularly

**What do General Auxiliary leaders do?**

General Auxiliary leaders oversee specific organizations and programs. They travel the world training local leaders and working with them to learn more about their communities and the needs of the people. They also get to know the members by making individual home visits. General Auxiliary leaders represent the needs and interests of members by serving on Church leadership councils, executive committees, and boards. They also contribute ideas to Church messaging and help review Church materials, such as *Come, Follow Me* and Church magazines. These faithful leaders work hard to make sure the needs of all of God’s children are met.
General conference is a great way to get inspiration and guidance. You'll have an even better experience when you prepare in advance to receive personal revelation. Start preparing!

Preparation STARTS HERE.

• CAN YOU FIND LAST CONFERENCE’S NOTEBOOK?
• DID YOU PRAY FOR THE SPEAKERS AND CHURCH LEADERS?
• HAVE YOU THOUGHT ABOUT QUESTIONS YOU’RE SEEKING ANSWERS TO?

FAVORITE QUOTE:
CREATE A CONFERENCE GAME

Want to help yourself focus on conference—and have a little fun while you do it? Create your own conference game!

Before conference, write a topic in each square. As you watch, listen for those topics and cover the square with a token when its topic is mentioned. You can use anything for a token—but for extra fun, try a piece of candy or chocolate! Choose your own patterns to win—five across, down, or diagonally; four corners; center nine; etc.

Each member of your family can create their own game card. Winner gets to eat their candy tokens. And the best part is, once someone wins, you can start over right away! For an extra level of difficulty, make more than one card.

Looking for topic ideas? Consider things like “temple,” “Come, Follow Me,” “repentance,” or when a speaker is mentioned by name by another speaker.

LISTENING TO AND HEARKENING TO LIVING PROPHETS WILL HAVE PROFOUN D, EVEN LIFE-CHANGING EFFECTS IN OUR LIVES.
Bishop Dean M. Davies

WE INVITE ALL OF GOD’S CHILDREN ON BOTH SIDES OF THE VEIL TO COME UNTO THEIR SAVIOR, RECEIVE THE BLESSINGS OF THE HOLY TEMPLE, HAVE ENDURING JOY, AND QUALIFY FOR ETERNAL LIFE.
President Russell M. Nelson

FAVORITE QUOTE:
Now that conference is finally here, listen for answers. Write down promptings, look for promised blessings, and pay extra attention to things you feel impressed to work on. Jot down quotes that inspire you, and take note of messages that really stick out to you.

**FAVORITE QUOTE:**

WORLD CONDITIONS INCREASINGLY REQUIRE DEEPENING INDIVIDUAL CONVERSION TO AND STRENGTHENING FAITH IN HEAVENLY FATHER AND JESUS CHRIST AND HIS ATONEMENT.

Elder Quentin L. Cook
NOTES:

YOU ARE A SON OR DAUGHTER CREATED IN HIS IMAGE, ENTITLED THROUGH YOUR WORTHINESS TO RECEIVE REVELATION TO HELP WITH YOUR RIGHTEOUS ENDEAVORS.

President Russell M. Nelson

YOUNG WOMEN AND YOUNG MEN, WE NEED YOU!

Sister Bonnie H. Cordon

FAVORITE QUOTE:

YOU ARE A SON OR DAUGHTER CREATED IN HIS IMAGE, ENTITLED THROUGH YOUR WORTHINESS TO RECEIVE REVELATION TO HELP WITH YOUR RIGHTEOUS ENDEAVORS.

President Russell M. Nelson
TO RECEIVE PERSONAL REVELATION, WE MUST PLACE PRIORITY ON LIVING THE GOSPEL AND ENCOURAGING FAITHFULNESS AND SPIRITUALITY IN OTHERS AS WELL AS OURSELVES.

Elder Ronald A. Rasband

PROMISED BLESSINGS:

WHAT WILL I DO NOW?

FAVORITE QUOTE:

WE FIND TRUE AND ENDURING JOY BY COMING TO KNOW AND ACTING UPON THE TRUTH ABOUT WHO WE ARE.

President Dallin H. Oaks
AS WE CLIMB THE PATH OF DISCIPLESHIP, WE CAN BE SANCTIFIED THROUGH THE GRACE OF CHRIST.
Sister Michelle D. Craig