

Bullet Journaling for Genealogists

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In the high-tech world of family history, it's good to have a few low-tech solutions to basic problems. In this class, Crista Cowan walks you through the basics of starting and keeping a bullet journal. She will also share some layouts that have helped her in her family history journey.

*Track the Past, Order the Present, Design the Future
~Ryder Carroll*

It's a calendar, a to-do list, a diary, and a note-taking device all in one.

Getting Started Basics

- Fresh notebook (blank, lined, graph, dot), nothing pre-printed
- Pens that don't bleed through.
- Set it up as you go. Don't get locked into a format too early.
- Make it as simple or as complex as you want. You Do You!
- The index is the key to all things.

Basic Layouts

- Calendars
- To Do Lists
- Habit Trackers
- Brain Dump
- Dreams, Goals, and Gratitude

BUSY and PRODUCTIVE are not the same thing!

Family History Specific Layouts:

- Research Plans
- Research Trips
- Passwords
- DNA Lists
- Track education
- Class/Webinar Notes
- Family Reunion Planning
- Family History Writing

Visit <http://CristaCowan.com/BuJo>
to see a list of basic supplies needed to get started.

Why a Bullet Journal?

1. Relaxation and Contemplation
2. Better Organization
3. More Consciousness of Your Current Situation
4. Increased Mindfulness
5. Helps You Set Realistic Goals
6. Track Goal Progress
7. Helps You Develop New Habits
8. Improves Memory

Want more from Crista? Find past episodes of her weekly internet show, The Barefoot Genealogist, on the Ancestry YouTube channel at <http://ancstry.me/TBGVids>.

Click SUBSCRIBE on that channel to receive notification each time a new video is uploaded.

Follow Crista on Twitter and Instagram @CristaCowan